



-5 DO'S & DON'T FOR MAINTAINING MICROBLADED EYEBROWS IN 2020 - AFTERCARE FOR YOUR BROWS

SYDNEY MICROBLADING BY LEILA SKANDA

HEY BEAUTY,

I'm Leila!

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MICROBLADING BROW TECHNICIAN, EYEBROW-ENTHUSIAST,
SOULFUL MAMA, CROWN-FIXER & WELL, SOME LIKE TO CALL ME, THE
BROW QUEEN!

You know, those brows that introduce you before you can even open
your mouth?

Well, It turns out in 2020 you're never *fully* dressed without a killer set of eyebrows... & that's why everyone's turning to **Microblading in Sydney, Australia**.

Scrap the shoes, handbag, necklace. 2020 is the year of *the brow*.

SO, you're probably here because you already know that. Because you took it into your own hands to brow like a boss! Or chances are you've already spotted **Eyebrow Microblading** on your Instagram feed and you're here to get the inside scoop on these natural finish **semi-permanent eyebrows**. Either way, here's all the do's & don't for maintaining your perfectly balanced, **microbladed eyebrows**.

After all, women and their brows are an endless love affair...

WHAT IS MICROBLADING?

microblading

/ˌmɪkrəʊˈbleɪd/

noun

1

Brows that speak louder than words.

gets microbladed eyebrows thinks she can take over the world.

**SO, YOU'VE GOT YOUR DREAM MICROBLADED BROWS
OR YOU'RE DREAMING ABOUT THEM & YOU WANT TO
KNOW THE VERY BEST WAY TO MAINTAIN THEM?**

WELL, Listen up!

DON'T.

1. **TURN TO HEAT** - That's right, I'm talking sunbaking, sauna or the solarium, when it comes to fresh **brow microblading**, the worst thing you can do is turn to heat. Try to avoid any UV/UVA rays whilst your brows are in the healing period (the first 30 days) and try to avoid any excess sweating through exercise. Heck, it turns out brows are the one thing you *can* get into shape without a gym
2. **SCRATCH OR PICK** - As hard as it may be, try to avoid any scratching or picking. During the healing process, it's oh so common for your newly **microbladed brows** to flake just like any ordinary **semi-permanent makeup** but don't sweat it, this is all part of your skin's natural healing cycle and *totally* normal! I say... Let. Them. Be.
3. **LIGHT & LASER** - Light and laser are proven therapies that clash with the **eyebrow microblading** process. So, whether it's light therapy or laser near the brows, both are a big no-no if you want to maintain those perfectly balanced **microbladed eyebrows**. Waiting at least 30 days before undertaking any sort of light and laser treatment is the best option if you want the best outcome.
4. **GET THEM WET** - Girl, go ahead, get your feet wet! Just pleaseeee not the brows! When it comes to getting the very **best microblading** results possible, waterworks are *not* your go-to. Try to avoid hot, steamy showers, and getting them wet at any point during the first 6 days (10 for swimming pools and the beach). Trust me, you'll thank me later or... your brows will.

5. **FACE PRODUCTS** - Eeeek, sorry hun. During the first 30 days of your healing cycle, it's best to avoid any sort of face product around the eyebrows. This includes creams and foundations that contain regeneration ingredients like Vitamin A. As well as any kind of facial, chemical peels, fruit acid peel or microdermabrasion. After the first 6 days, alternative creams and foundations can be used moderately around the brow but strictly NOT on the brows.

Your future, **semi-permanent brows**
will thank me later!

DO.

1. **FOLLOW YOUR ARTISTS GUIDANCE** - Every **microblading artist in Sydney** has their very own aftercare instructions, you should receive an aftercare guide and care-kit following your **microblading** session. Girl, your **microblading artist** knows best, so listen to their guidance and use your care-kit accordingly. Then, thou brow shalt stay on fleek!
2. **BALM UP** - Whether you have oily or normal/combo skin your aftercare guide will directly inform you how much or how little balm to apply to your fresh **microbladed eyebrows**. This balm is used in the first 6 days, morning and night to soothe the skin and assist the healing process. It will quickly become a part of your day-to-day routine and before you know it, balanced, full and fluffy brows will become your everyday norm.
3. **STAY CALM & PATIENT** - 'Browpolar' is the word I like to use to describe the rollercoaster of emotions you can feel during your **microbladed eyebrows** healing process. From brows too dark to brows too light, to scabs and fading and finally the return of the dream brow you wished for. Stay calm, stay patient, perfect **microbladed eyebrows** are on the horizon. Just trust the process girl.

4. **BLOT THEM** - For the hunnies with the oily skin, blot your new **semi-permanent eyebrows** with a tissue if they ever look moist during the first weeks healing cycle (wiping is not necessary). & For the girls with normal/combo skin, blotting is also fine if brows ever look shiny when balm has not been applied. Blot, blot, blot, just make sure to use a clean tissue for each brow and discard after.

5. **PROTECT THEM** - **Microblading** post-care is very important to the appearance and longevity of your **semi-permanent eyebrows**, that's why after your 30 day healing period, I like to recommend a small amount of sunscreen to your **microbladed brows** when in direct sunlight for longer-lasting colour. After all, every little helps when it comes to keeping your **microbladed eyebrows** in tip-top shape, right?

TOP TIP

Always, & I mean always, let your brows & your confidence shine, pretty girl.

More to come soon from the blog! Comment below with what you'd like to hear from me in the weeks that follow. Thanks hunnies for reading!

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